

There is proposed a luminaire (10) with which the exit angle of the light beams is restricted for the purpose of anti-dazzling. Further, in accordance with the invention there is attained in a simple manner and in particular without the employment of a light guide element a uniform emission of light over the entire surface of an optical element (14; 14-1, 14-2) arranged before or in the emission opening (13) of the luminaire (10). The optical element (14; 14-1, 14-2) has a plate-like core (16) of transparent material, which is occupied on one side with microprisms (17) which, with the formation of furrows (18) - starting from their roots - taper.